



Welcome & Introduction

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Chairman

Natural Devon

Connecting people and nature

Welcome

- Background to Natural Devon
- The Naturally Healthy priority and progress so far
- Purpose of this workshop

Background



- Devon LNP established end 2012, covers Devon (not Plymouth)
- Board, Chairman and Executive in place by May 2013
Board: Director of Public Health Devon, Chief Exec of Community Council for Devon, Chief Exec of Local Authority, Prof from Plymouth Uni, DWT, NE, farmer etc. Executive includes Public Health team.
- Prospectus published February 2014
- Action Plan now being implemented

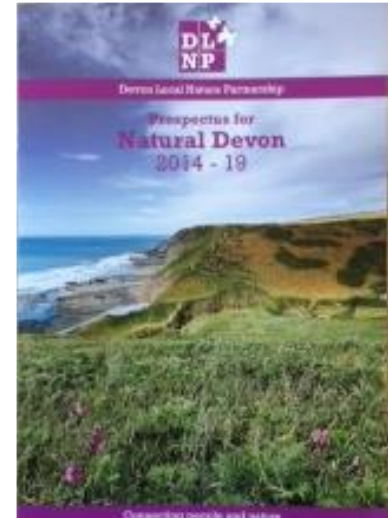
Natural Devon's Prospectus

Sets out what we will do and how we will do it.

Three aims:

- To protect and improve Devon's natural environment
- To grow Devon's green economy
- To reconnect Devon's people with nature

Strong links across all three and partnership essential to get results!



Seven Themes



‘Naturally Healthy’



‘Green Connections’



‘Outdoor Learning’



‘Farming with Nature’



‘Wood for Good’



‘Resilient wetlands’



‘Sustainable Seas’

Naturally Healthy

Our vision:

‘Everyone in Devon has the opportunity and confidence to be ‘naturally active’ in order to improve their health and well being’



Naturally Healthy – what we will do

We will:

Champion Devon's natural environment as a way of promoting health equality and improving health.

We will focus on:

- Those at risk of or suffering from poor health, in order to reduce dependence on treatments and health services
- Those who do not currently engage with the natural environment
- Children and young people, along with their families and schools



Naturally Healthy – what we will do

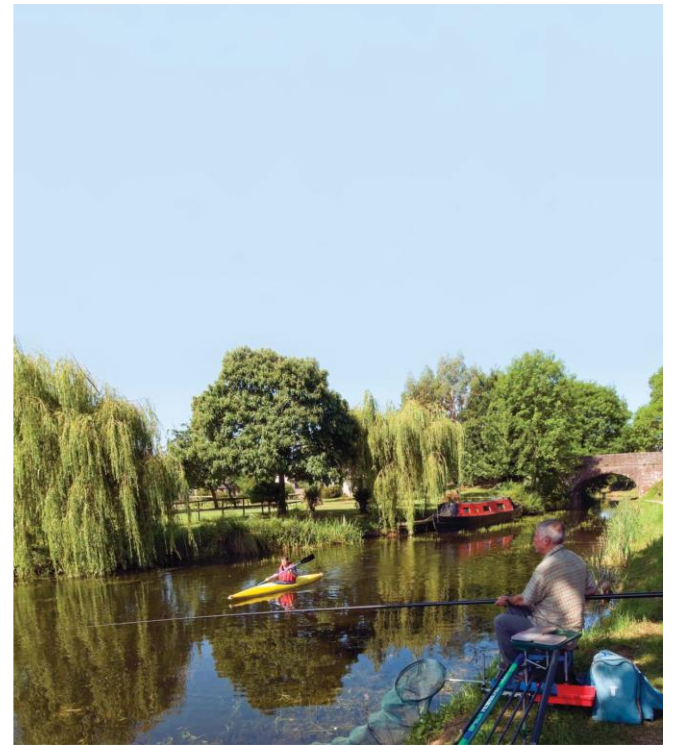
We will:

- Contribute to achieving health improvement measures set by Devon and Torbay Health and Wellbeing Boards and
- Encourage environmental volunteering



Naturally Healthy – what success looks like

A greater number and diversity of people being ‘naturally active’

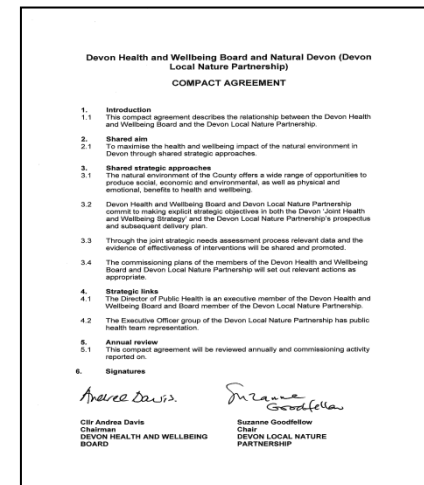


Naturally Healthy – progress

‘Compacts’ with Devon H and WB Board signed in March 2014, and Torbay H & WBB in September 2014 - forging links, providing the right evidence and opportunities and improving communication.

Joint aim ‘to maximise the health and wellbeing impact of the natural environment in Devon through shared strategic approaches’ (these are outlined in the compact).

Will be reviewed annually and commissioning activity reported on.



Naturally Healthy Task and Finish Group

- Sponsored by the Director of Public Health Devon
- Chaired by Public Health Devon
- LNP Exec support from environment sector organisation (DWT) and public health
- Membership includes those leading on other LNP priorities
 - Outdoor Learning
 - Green Connections

And health professionals, access and community groups and environmental providers e.g. National Parks, Local Authorities, Natural England, Devon Wildlife Trust, Community Council of Devon,

Planning Action

“Everyone in Devon has the opportunity and confidence to be ‘naturally active’ in order to improve their health and wellbeing”

How are the Group delivering this?

- Decision to focus on communications and targeted initiatives to encourage those not currently accessing the ‘green spaces’ or ‘natural environment’
- To direct energies a behaviour change scoping review was undertaken by Public Health – the Naturally Healthy Scoping Report

Purpose of this workshop

- To introduce the ‘Naturally Healthy’ Scoping Report
- To explore how to use the insights from it to inform our delivery
- To highlight examples of existing best practice
- To share ideas and stimulate discussion
- To identify next steps and future actions for the Naturally Healthy priority